

Mobile CT: Novel shielding and quantification of tertiary scatter



Trevelyan Foy¹, Nick Powell¹, Richard Cranage¹, Nick Rowles²

¹ Truro

² Derriford, Plymouth Hospitals NHS Trust

Royal Cornwall Hospitals



NHS Trust

About the Neurologica CereTom Scanner:

- The CereTom is an 8-row multislice scanner with a 25 cm field of view, optimised for head and neck scanning.
- During scanning, the patient is located on a radiolucent headboard attached to their normal hospital bed and the gantry is translated over the required scan volume via a caterpillar track drive.

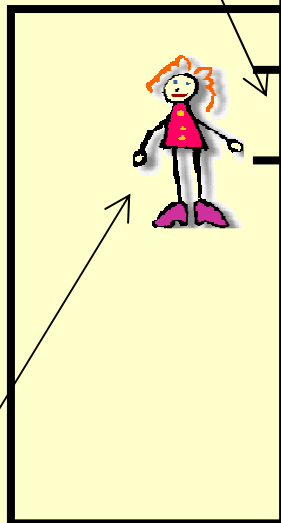


- The device is charged from a standard mains outlet and transfers DICOM images via wireless 802.11g secure transfer protocols.

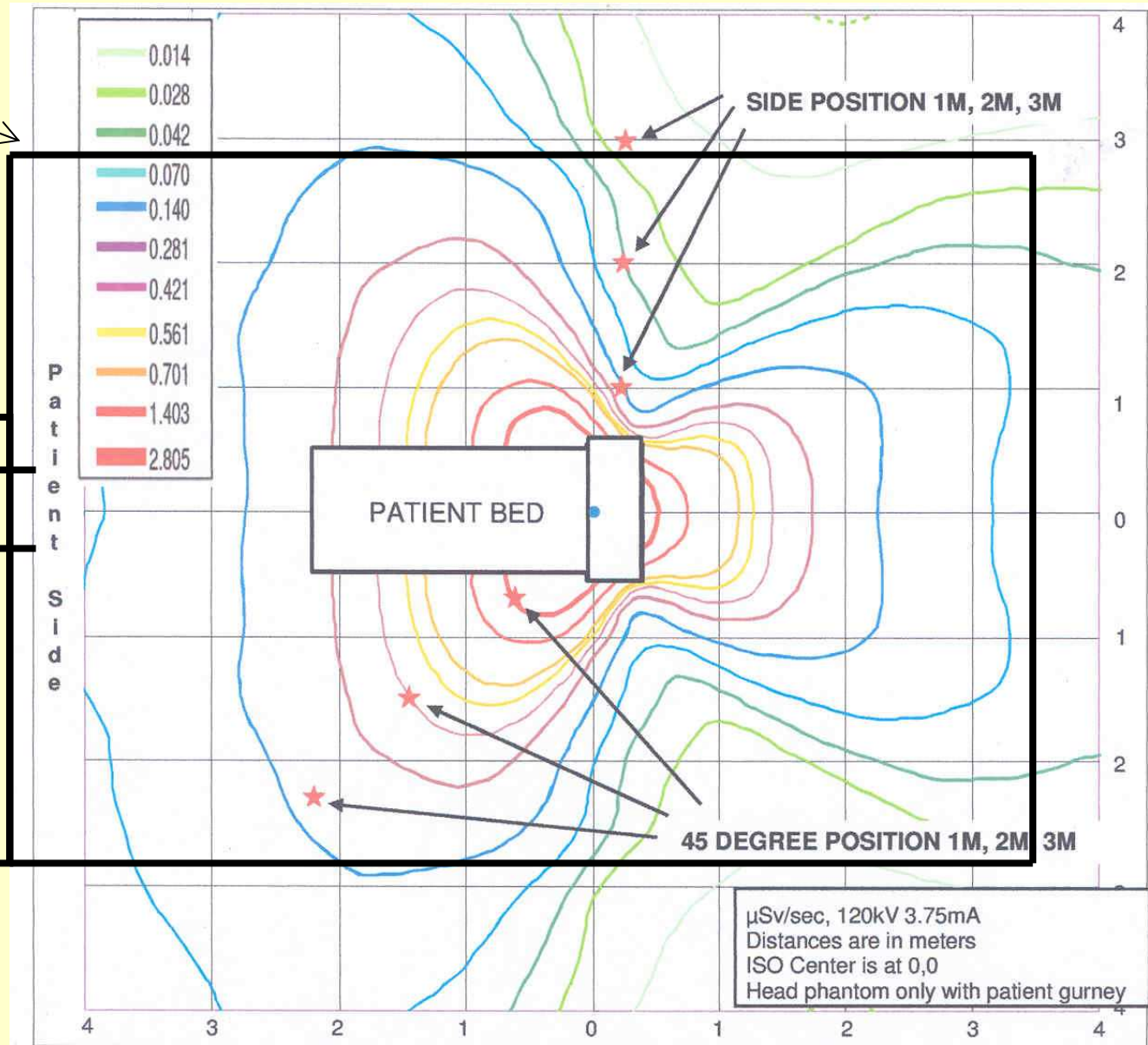
Initial Assessment – a conventional scanner:

Put scanner in lead box called a 'room'

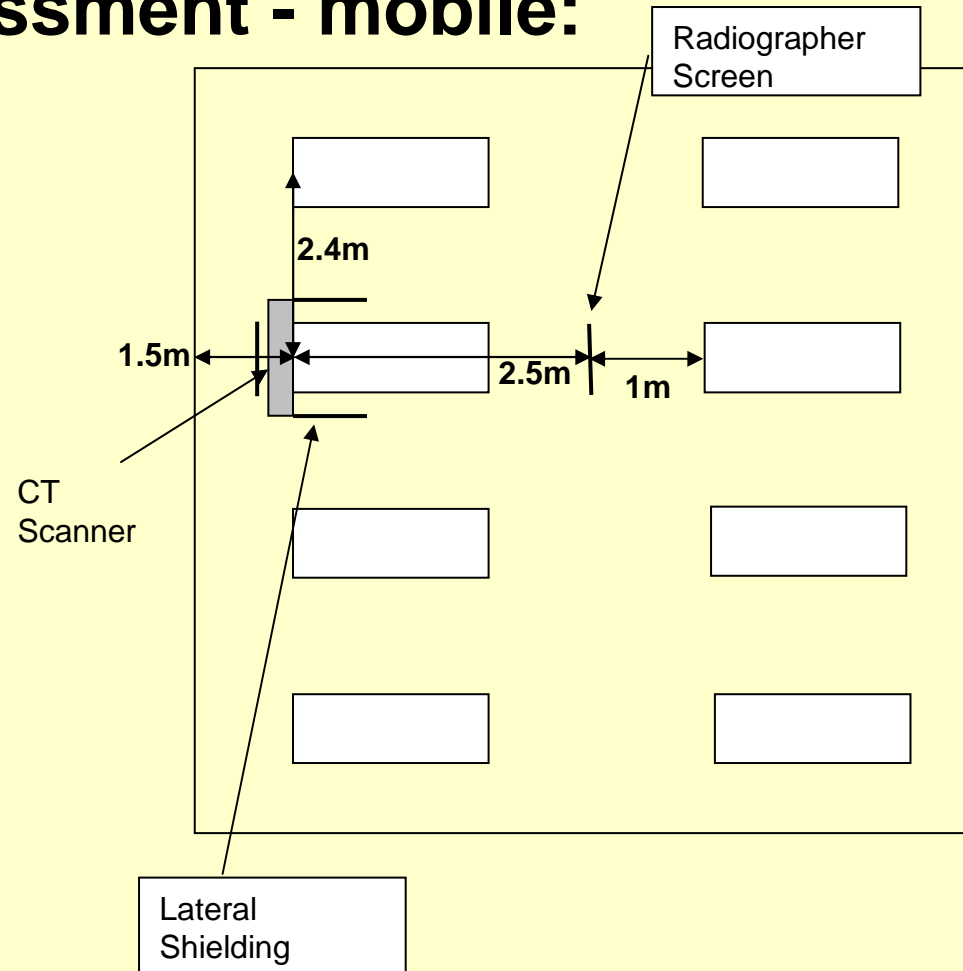
Add a lead glass window



Keep staff outside the box



Initial Assessment - mobile:



- Thinking inside the box.
- Perform calculation using existing methodology (BIR/IPEM 2000)
- Pragmatically, make the shields as thick as possible (ALARP)

Results:

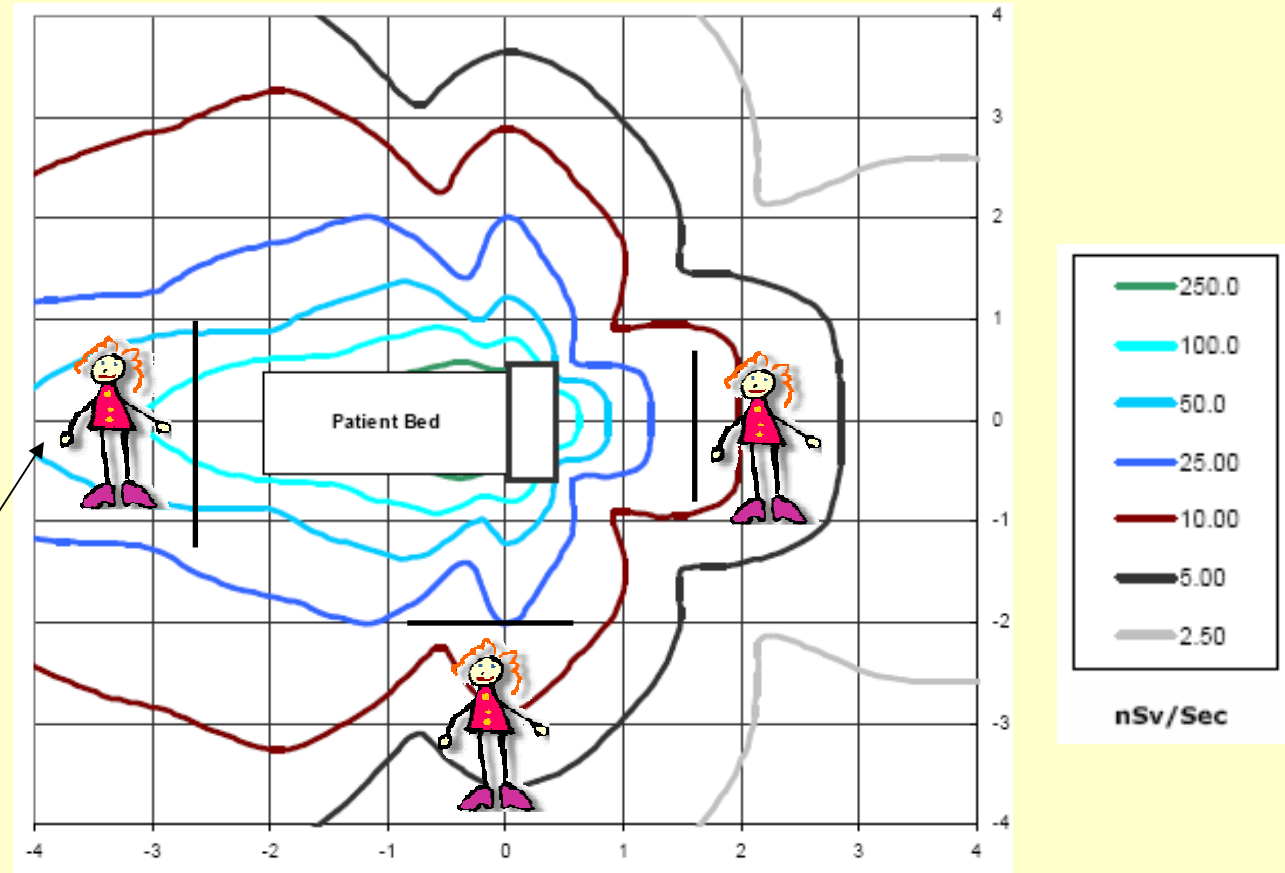


‘Shadow shields’

‘Such shields are placed in the path of the primary beam, particularly if it is a collimated beam; they are placed as close to the source as possible so that a shield of relatively small size can cast a much larger shadow of lower exposure rate’

BS 4094 (BSI 1971, p78)

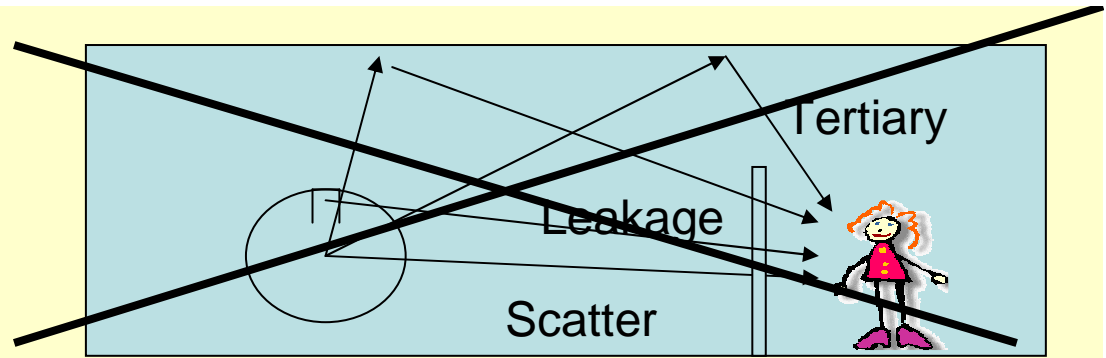
Results:



- Q: How do we use this map?
- Q: Could we consider attenuation by the patient? Should we?
- Q: Should we worry about scatter from the roof?

Barrier Sums

-Conventional model:

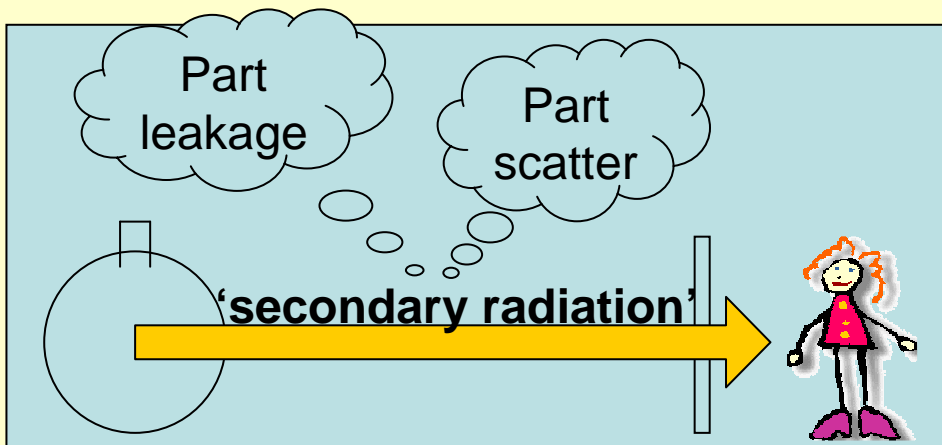


- ...applies the 'secondary radiation' parameters of Simpkin and Dixon (1998) to the broad-beam attenuation model of Archer *et al.* (1983).

- It is assumed:

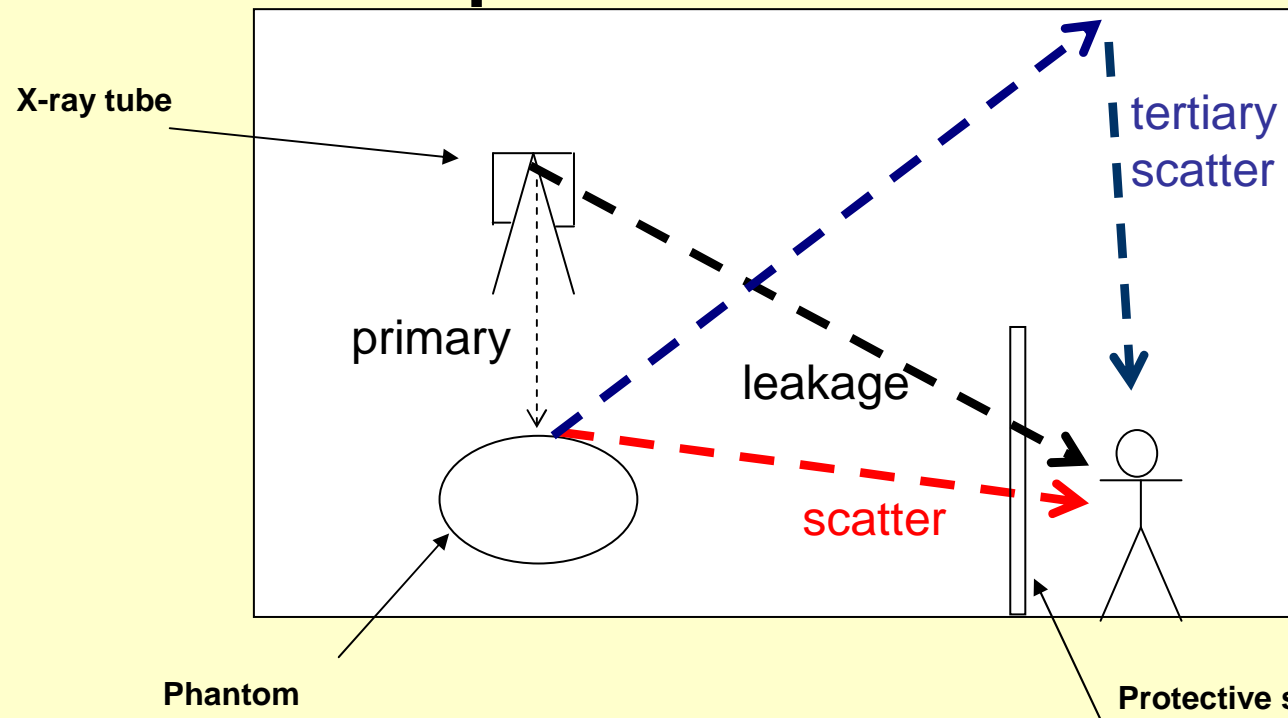
- scatter radiation has the same attenuation properties as the primary beam.
- leakage radiation is hardened and transmission is described by limiting HVL.
- the proportion of leakage to scatter radiation occurs in accordance with a simple model they provide (dependent upon kV_p).

- It is inadvertently assumed that tertiary is negligible (i.e. it is grouped together with scatter, none sneaks around the screen).



Potential (kV _p)	Leakage Fraction	Side Scatter Fraction	Leakage as a percentage of total (%)
50	1.23×10^{-11}	4.24×10^{-3}	2.9×10^{-7}
70	4.7×10^{-7}	9.44×10^{-3}	0.005
100	9.90×10^{-4}	2.24×10^{-2}	4.23
125	2.56×10^{-3}	3.73×10^{-2}	6.42
150	4.42×10^{-3}	5.44×10^{-2}	7.51

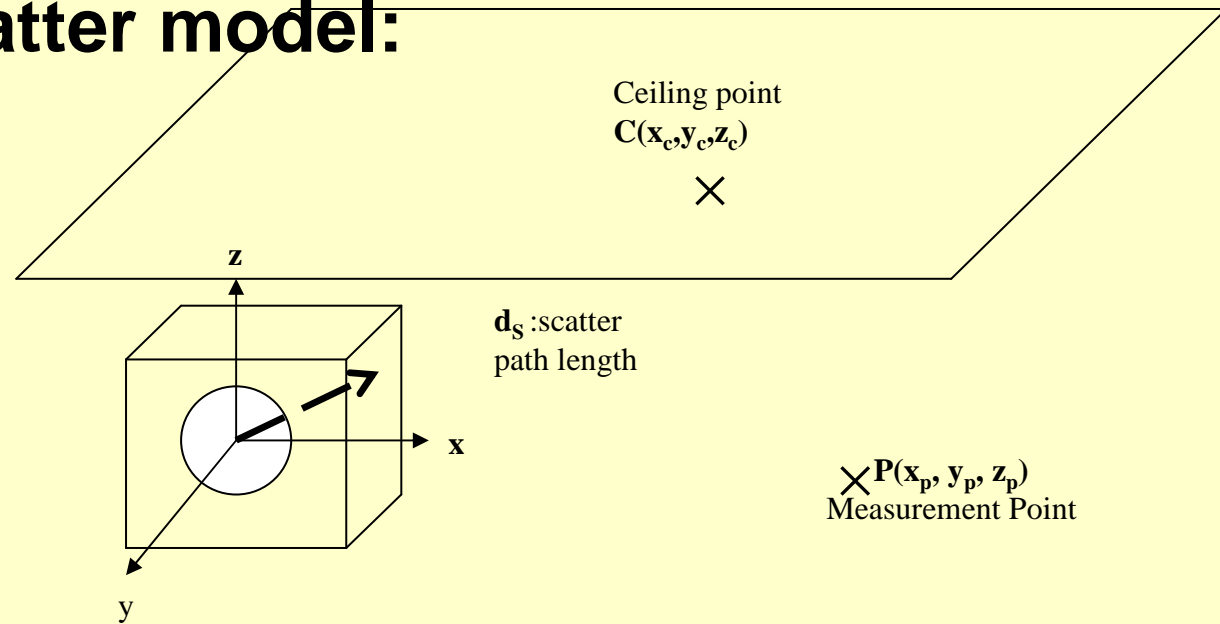
The three components:



- 3 principal radiation sources to consider: scatter, leakage and tertiary scatter
- The survey map contains contributions from all three sources
- In normal CT installations the barrier blocks all three sources

- ?
- 'The process of scattering from a concrete barrier will reduce the dose rate to about 1% of that incident on the ceiling slab' (BIR/IPEM 2000)
 - 'The scattered air kerma at a distance of 1m from a wall would typically be of the order of 5% of the incident beam' (BIR/IPEM 2000)

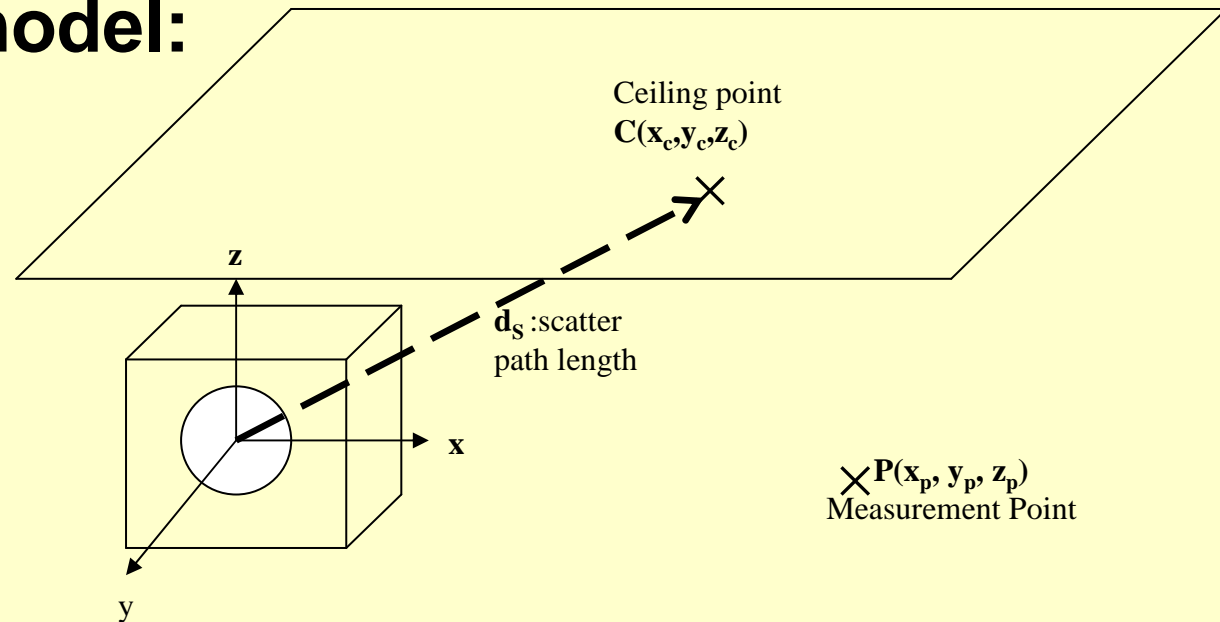
An empirical scatter model:



Assuming:

- The scatter dose rate at 1m may be described as a function of emission angle θ

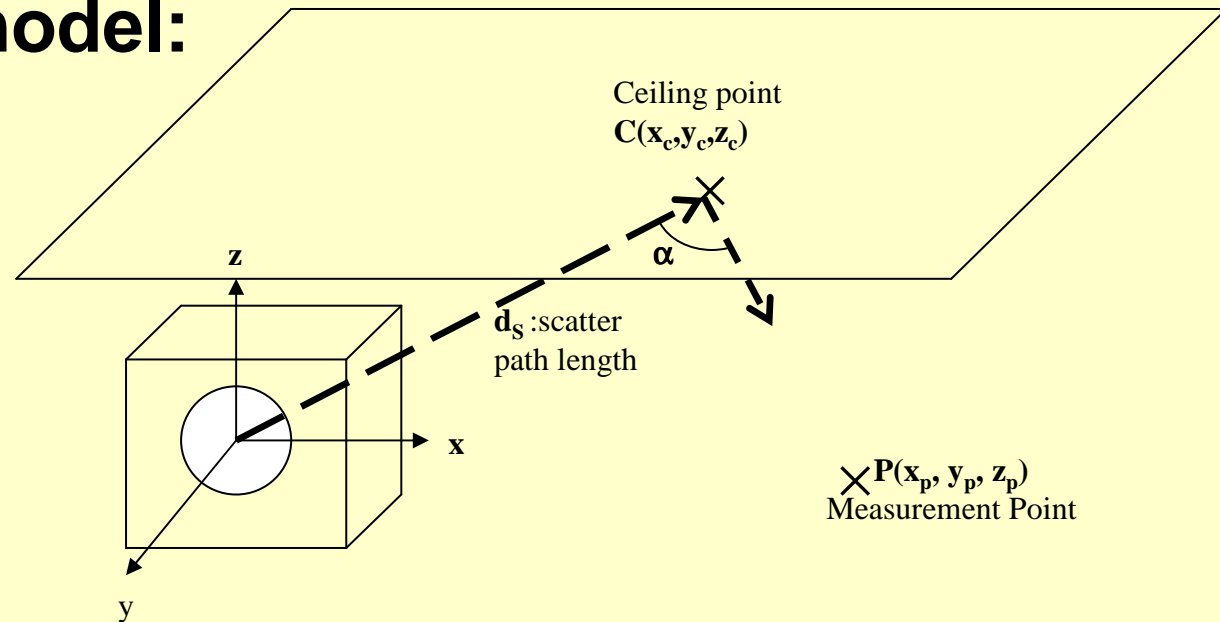
An empirical model:



Assuming:

- The scatter dose rate at 1m may be described as a function of emission angle θ
- The scatter dose rate incident on the ceiling is proportional to the inverse square of the scatter path length from source, d_s

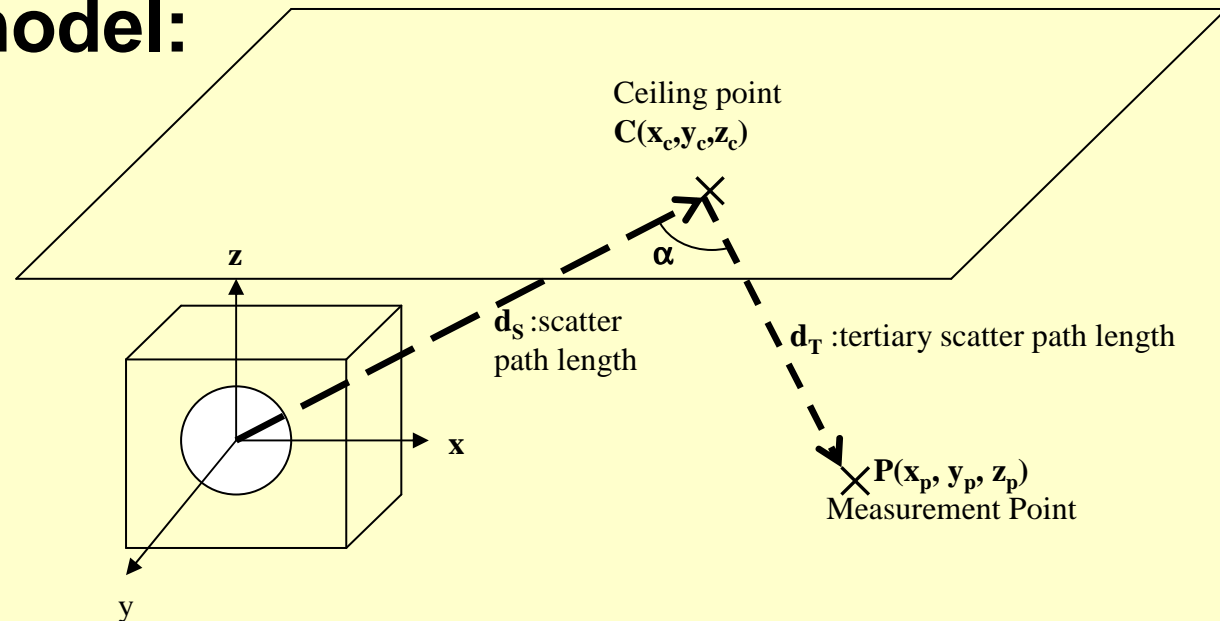
An empirical model:



Assuming:

- The scatter dose rate at 1m may be described as a function of emission angle θ
- The scatter dose rate incident on the ceiling is proportional to the inverse square of the scatter path length from source, d_s
- The ratio of tertiary scattered dose rate at 1m to incident scatter dose rate is given by $k(\alpha)$, where α is the tertiary scattering angle

An empirical model:



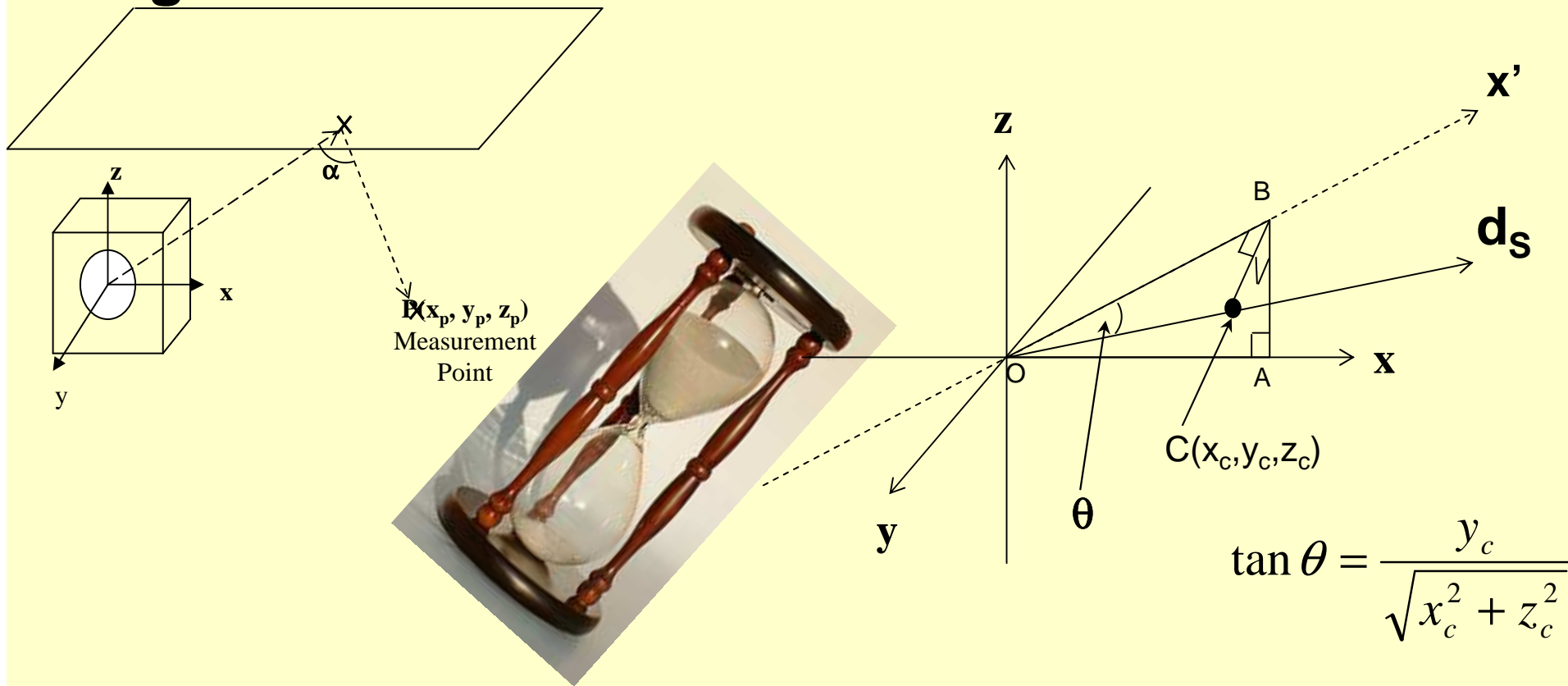
Assuming:

- The scatter dose rate at 1m may be described as a function of emission angle θ
- The scatter dose rate incident on the ceiling is proportional to the inverse square of the scatter path length from source, d_s
- The ratio of tertiary scattered dose rate at 1m to incident scatter dose rate is given by $k(\alpha)$, where α is the tertiary scattering angle
- The tertiary dose rate at the measurement point is proportional to the inverse square of the tertiary scatter path length, d_T

The tertiary scatter dose rate at point P from point C is:

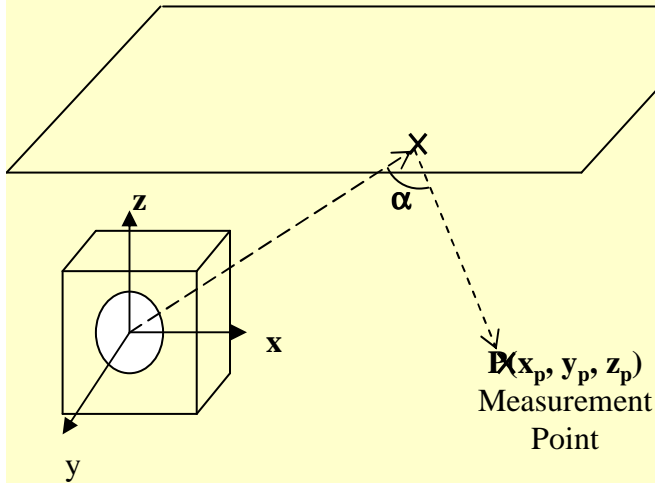
$$T_P = D_{1m,\theta} \times \frac{1}{d_s^2} \times k(\alpha) \times \frac{1}{d_T^2}$$

Implementation: Angular scatter distribution of source



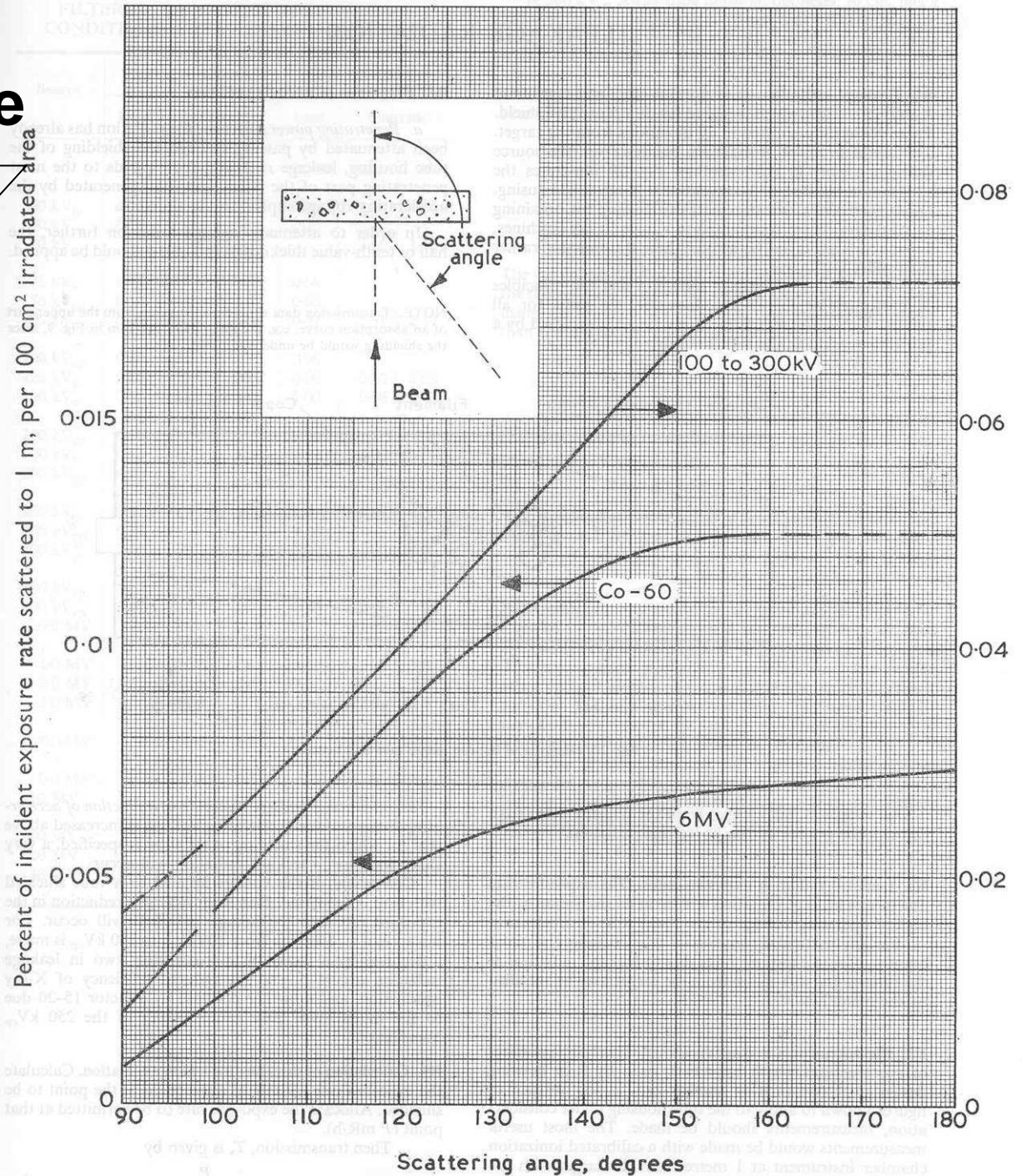
- Assume the scatter map is rotationally symmetric about the y -axis (patient head-foot direction) (BIR/IPEM 200) → Can rotate hour-glass shaped scatter map from x - y plane to x' - y plane.
- angle θ is of interest
- Trace outermost complete isodose, measure at 5° angles, extrapolate back to 1m using an inverse square relationship

Implementation: Roof scatter angle

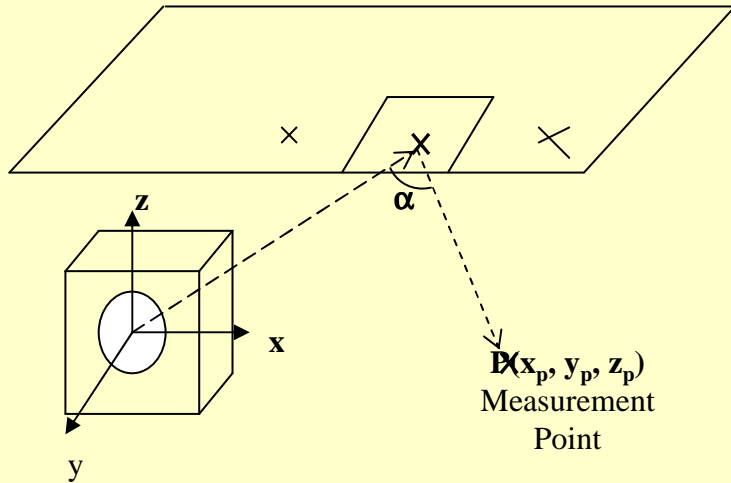


- $k(\alpha)$ is a problem
- Limited data in BS4094
- Insufficient data to describe variation with full range angle α
- ISL corrections will dominate anyway

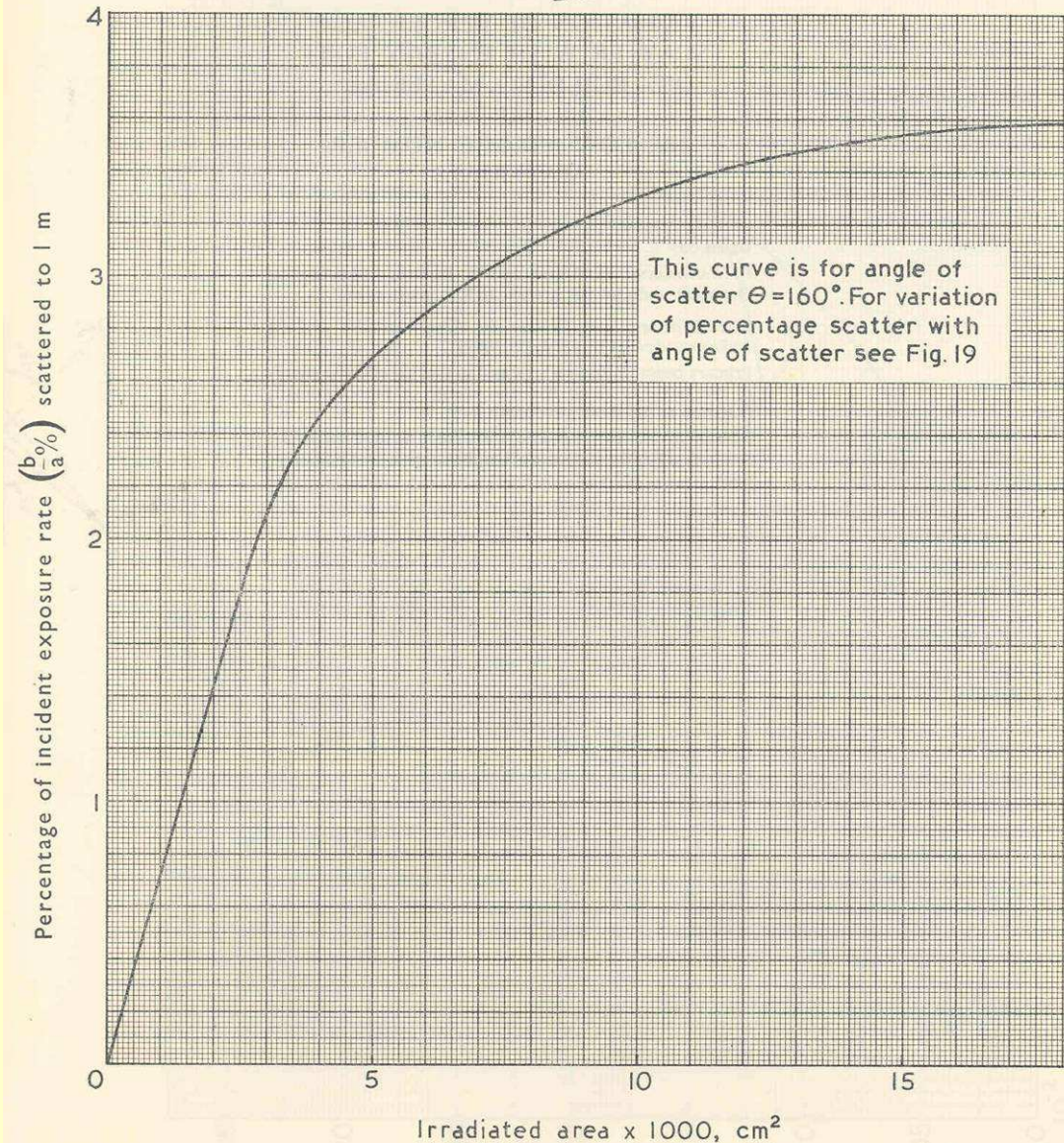
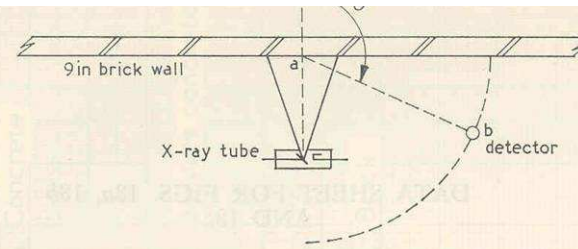
~~■ $k(\alpha)$~~ k



Implementation: Area of roof element



- Scale k dependent upon roof element area
- Roof element area dependent numerical integration step size
- Nice linear behaviour in 'narrower' beam conditions
- Simple to scale k when performing numerical integration over square elements of the roof



Results:

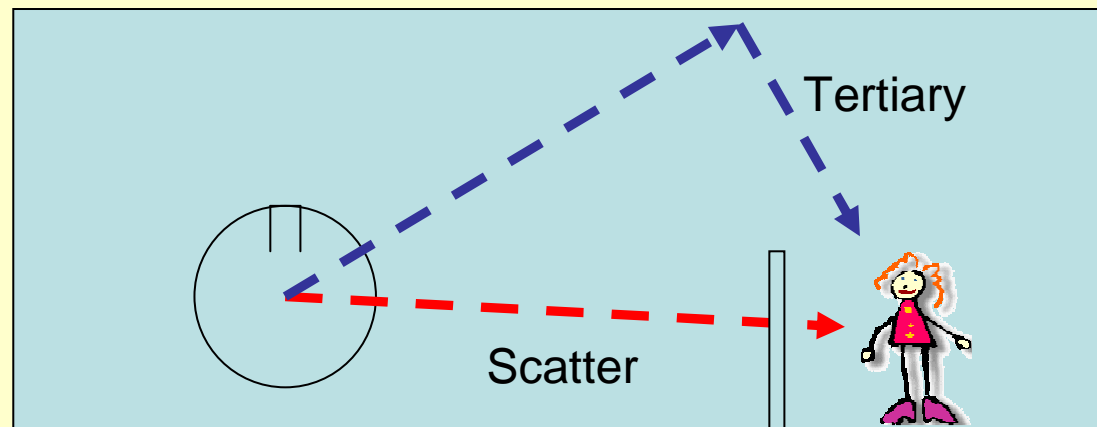
■ Numerical integration model built using MS Visual Basic for Applications within Excel .

■ Suggests tertiary scatter is significant

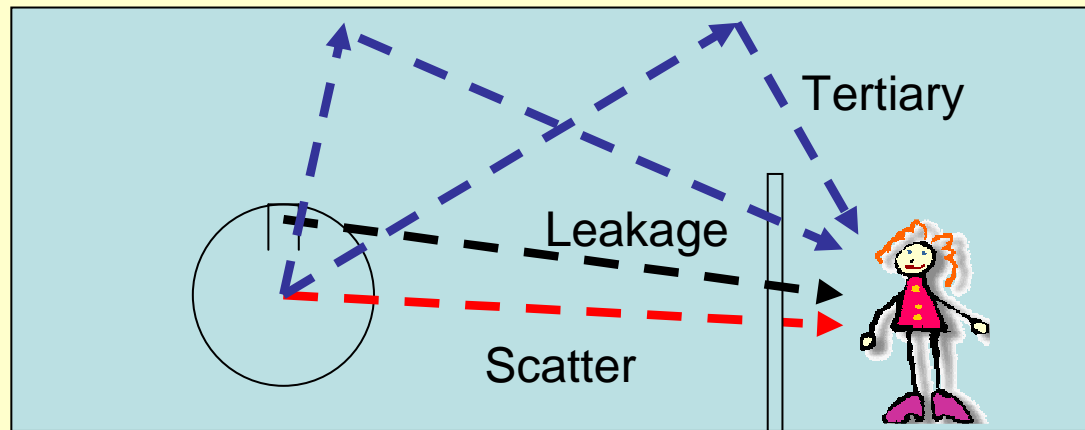
■ Particularly so at larger distances or in the 'radiation shadow' of the gantry.

	-1	-0.5	0	0.5	1	1.5	2	2.5
-2	6	5	5	5	6	10	24	72
-1.5	4	3	3	3	5	16	64	183
-1	5	2	1	2	8	61	166	210
-0.5	50	1		2	52	80	92	108
0						33	53	75
0.5	3	1		1	3	11	22	32
1	3	2	2	2	3	6	12	21
1.5	5	5	4	5	6	7	10	14
2	9	8	8	8	9	10	12	14
2.5	13	12	12	12	13	13	14	16
3	16	16	16	16	17	17	18	18
3.5	20	19	20	20	20	20	20	21

Theoretical ratio of tertiary dose rate to scatter dose rate (expressed as a percentage)



Barrier Sums - Three component model:



- Consider the three components separately. The dose behind the mobile screen is given by:

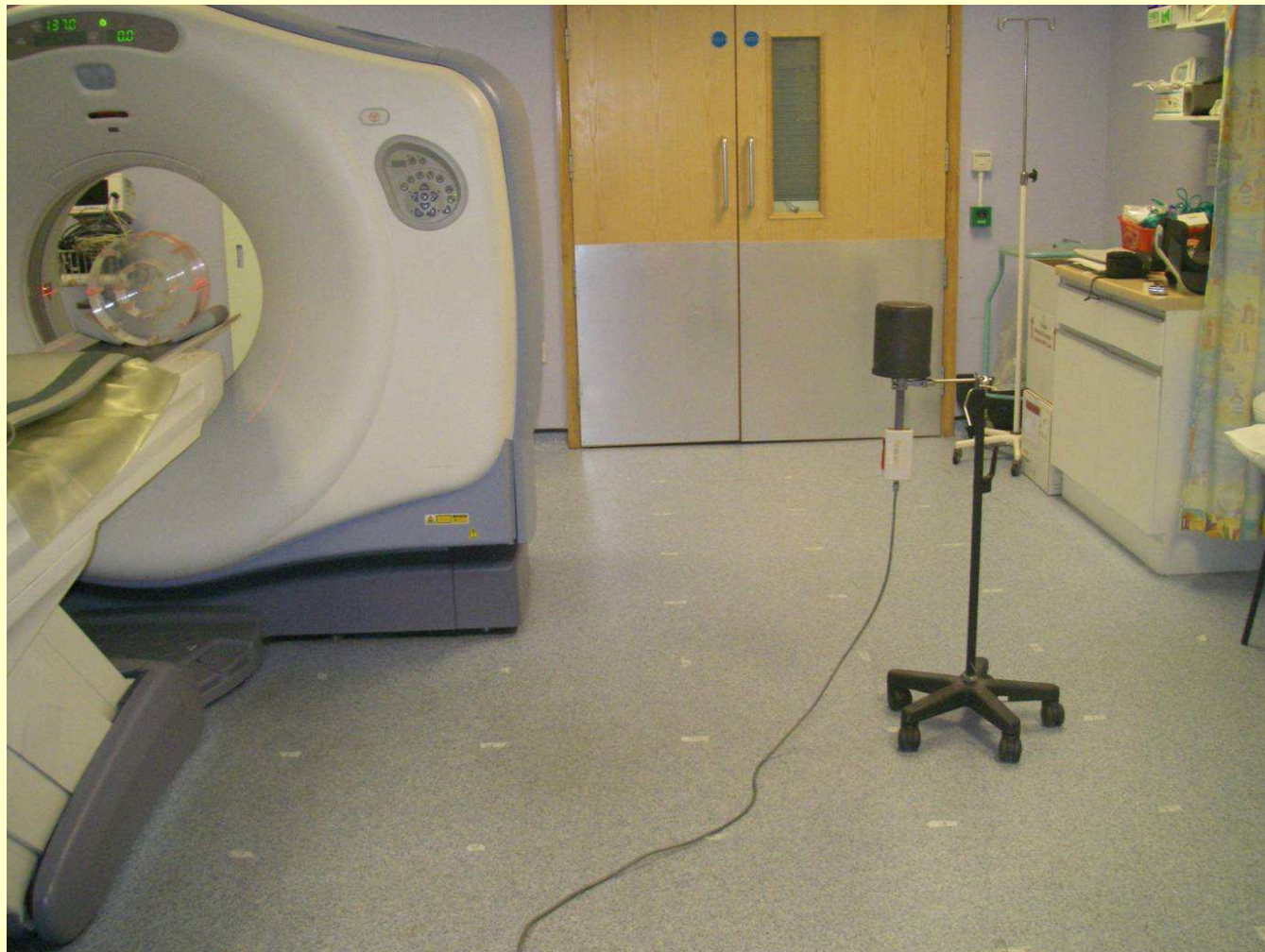
$$D_{\text{total}} = aD_{\text{leakage}} + bD_{\text{scatter}} + cD_{\text{tertiary}}$$

- The leakage transmission factor a is calculated by limiting HVL
- The scatter transmission factor b is calculated by use of primary radiation parameters (Simpkin 1995) and the broad beam model (Archer *et al.* 1983)
- The tertiary transmission factor c is difficult to determine since the ceiling/walls represent an extended source of radiation – conservatively assume $c=1$.

Measurement methodology:

Leakage:

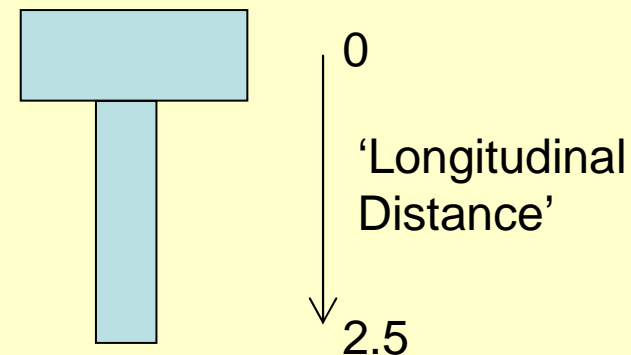
- Mapped by closing the tube port in service mode and setting LARGE exposures. 600mA 4 seconds worked nicely.
- Do not blow up your scanner. Not even slightly.



Results:

Leakage:

Leakage radiation expressed as a percentage of (leakage + scatter) at 140 kVp on a GE Lightspeed VCT at a number of collimations				
Longitudinal distance (m)	20mm	10mm	5mm	1.5mm
0	0.87	1.72	3.38	10.45
0.5	0.41	0.82	1.62	5.21
1.0	0.17	0.34	0.68	2.22
1.5	0.05	0.10	0.20	0.67
2.0	0.10	0.20	0.39	1.30
2.5	0.10	0.20	0.40	1.32



Data of Simpkin and Dixon for a plane film x-ray set	
Potential (kVp)	Leakage expressed as a percentage of (leakage + scatter)
50	2.9×10^{-7}
70	0.005
100	4.23
125	6.42
150	7.51

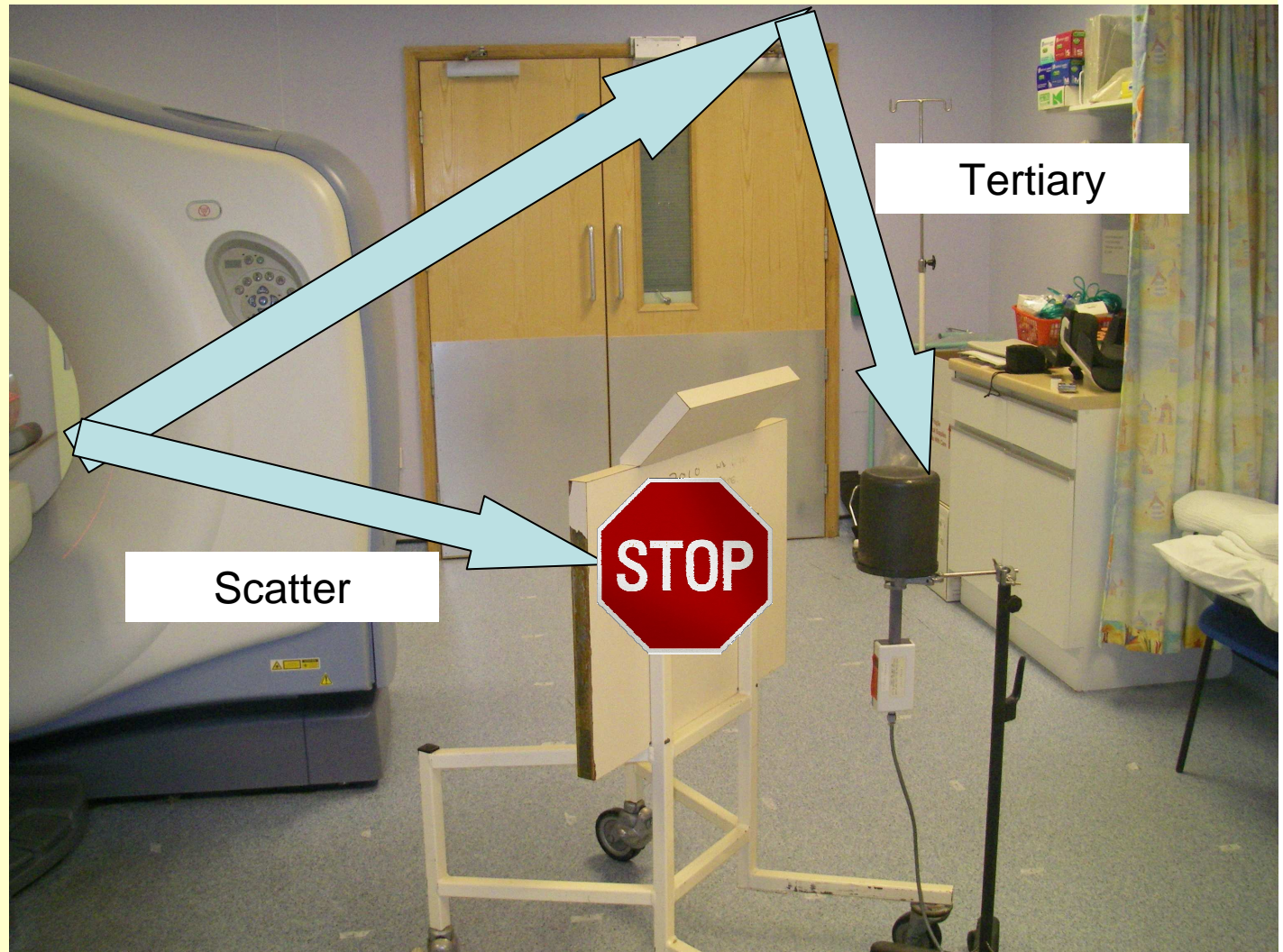
Discussion:

- In CT leakage radiation represents a smaller fraction of the incident dose than in plane film x-ray, but is particularly significant in the shadow of the gantry and at narrow collimations.

Measurement methodology:

Scatter and Tertiary:

- Use a 25.4mm thick lead screen to block scatter and record tertiary.
- Remove the screen and measure again. Identify scatter by subtraction.



Results:

140kVp (GE Medical Systems Lightspeed VCT)

Modelled

	-1	-0.5	0	0.5	1	1.5	2	2.5	3
-1	5	2	1	2	8	61	166	210	219
-0.5	50	1		2	52	80	92	108	124
0						33	53	75	96
0.5	3	1		1	3	11	22	32	43
1	3	2	2	2	3	6	12	21	33
1.5	5	5	4	5	6	7	10	14	22
2	9	8	8	8	9	10	12	14	18
2.5	13	12	12	12	13	13	14	16	18
3	16	16	16	16	17	17	18	18	19
3.5	20	19	20	20	20	20	20	21	21

Ratio of tertiary dose rate to scatter dose rate (expressed as a percentage)

Measured

	-1	-0.5	0	0.5	1	1.5	2	2.5	3
-1						83	100	68	
-0.5							122	75	
0							76	71	
0.5						51	69	69	61
1					2	3	13	33	47
1.5					3	4	4	11	18
2					4	5	5	6	9
2.5					5	6	7	7	7
3	9	10	19	12	8	8	8	9	
3.5	11	8	18			10	10		

Discussion:

- Quantitative agreement is limited as the model used has significant limitations:
 - Angular dependence of the tertiary scatter intensity was neglected.
 - Blocking of incident tertiary radiation by the gantry was neglected.
 - Contributions from the floor and walls were neglected.
- The BS4094 data used to define k was produced using a 200 kVp x-ray machine which may be substantially spectrally different than CT scattered radiation, the quality of CT scattered radiation varies with scattering angle.
- The method is predicated upon inverse square extrapolation from an isodose line of the manufacturer's scatter map. The survey isodose data does not fall off as rapidly – suggesting the survey isodose data contains a tertiary component.

Conclusion:

- The measured tertiary scatter data reflects the qualitative trends of the model → concern regarding tertiary scatter is justified.
- **Staff will be required to wear lead coats behind the mobile screen.**

Results – Prediction of dose behind a 0.5mm portable screen

$$D_{\text{total}} = aD_{\text{leakage}} + bD_{\text{scatter}} + cD_{\text{tertiary}}$$

	-1	-0.5	0	0.5	1	1.5	2	2.5	3
-1						122	95	142	
-0.5						94	136	145	
0							146	126	
0.5						102	111	151	
1					58	84	100	121	
1.5					66	66	69	82	
2					71	48	70	69	
2.5					54	70	74	71	
3					76	75	76	73	
3.5	76	88	62			71	75		

Ratio of measured dose to predicted dose (expressed as a percentage)

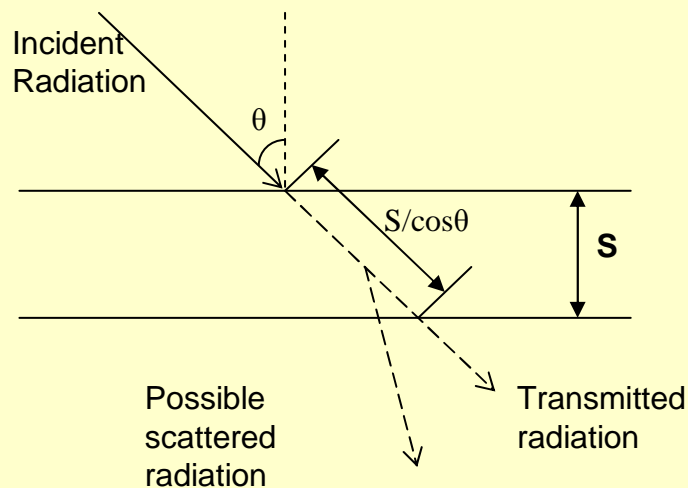
Discussion:

- Uncertainty in coefficients a, b, c as a result of assumptions
- Different measurement geometry as a result of different shield dimensions
- Beam hardening by the gantry?

Additional work that I don't have time to talk about:

- Demonstration of beam hardening by the gantry
- Theoretical methods to calculate the lead equivalence of the gantry (Harpen 1998) and the impact of tertiary scatter

- Obliquity corrections and tertiary scatter as an extended source



- Attenuation and beam hardening by the patient, modelled using a Rando phantom

Height above floor(m)	%					
1.9	39					
1.8	36					
1.7	36					
1.5	28					
1.4	25					
1.3	22					
1.2	22					
1.1	22					
0.93	22	30	33	34	39	44
horizontal distance from table central line (m)	0	0.5	1	1.5	2	2.5

The following ratio is presented as a percentage:
 $\frac{\text{Dose}_{\text{CTDI head and Rando}}}{\text{Dose}_{\text{CTDI head}}}$

Outcomes:

- The additional shielding affords a dramatic improvement
- Calculations based around 1 scan per bed, per day on a six bed ward with a 30 day occupancy project ward patient doses are acceptable.
- Derriford has partition walls – we are keen on a thicker rearward shield.

The radiographer is the critical group:

- The radiographer requires a mobile screen
- The radiographer is also required to wear a lead coat
- Workload is likely to be restricted to ~10 scans per day

- Detailed measurements will be required in each proposed location
- A carefully constructed staff training programme will be required
- Novel QA tests will be required

Food for thought:

- Protocols:

- Will not be possible to transfer directly from existing scans
- What is the target image quality/noise for each use?

- Staffing:

- take existing staff from CT
- use existing 'mobile' radiographers
- regrading?!

- Infection control:

- ??

- Floors:

- soft floor coverings = harder to push

Acknowledgements:



- Hugh Wilkins (Royal Devon and Exeter) for assisting the literature search
- Pete Smith & the staff of nuclear medicine (Royal Cornwall) for loan of the shields
- Robin Laney, Anna Pidwell and Lorraine Cowley (Royal Cornwall) for help and assistance

References:

- Archer BR, Thornby JI, Bushong SC. 1983. Diagnostic x-ray shielding design based on an empirical model of photon attenuation. Health Physics **44**:507-517
- British Institute of Radiology / Institute of Physics and Engineering in Medicine. 2000 Radiation shielding for diagnostic x-rays. London:BIR Harpen MD. 1998. An analysis of the assumptions and their significance in the determination of required shielding of CT installations. Med Phys. **25**:194-198
- British Standards Institution. 1971 British Standard 4094:Part 2. Shielding from X-radiation.
- Simpkin DJ. 1995 Transmission data for shielding diagnostic x-ray facilities. Health Phys **68**:704-709.
- Simpkin DJ, Dixon RL. 1998 Secondary shielding barriers for diagnostic x-ray facilities: scatter and leakage revisited. Health Physics **74**:350-365



Trevelyan Foy

Trevelyan.Foy@rcht.cornwall.nhs.uk

Royal Cornwall Hospitals



NHS Trust